

ZERO TO HERO

ISSA INSHORE SKIPPER
AND VHF SHORT RANGE
CERTIFICATION

12 DAYS & 11 NIGHTS
INTENSIVE SAILING COURSE



**International Sailing
Schools Association**



**SAIL IN
MEXICO**

MASTER THE ART OF SAILING

Join us for an unforgettable liveaboard sailing course, where you will have the unique opportunity to fully immerse yourself in the world of sailing while living aboard one of our exceptional vessels. Throughout this comprehensive program, our expert team of skippers will guide you through an extensive curriculum designed to cover a wide range of essential sailing skills.

During the course, you will delve into the intricacies of sail trim, mastering the art of adjusting sails to achieve optimal performance in varying wind conditions. Gain a deep understanding of navigation techniques as you learn to read nautical charts, plot courses, interpret navigational aids, and navigate through tides and currents with confidence; you will become proficient in anchoring and mooring techniques, learning how to select suitable anchorages, deploy and retrieve anchors, and securely dock the boat.

Embark on exhilarating passage planning exercises as you develop the skills to meticulously plan and navigate longer journeys. Consider various factors such as weather patterns, safety considerations, and provisioning to ensure successful passages across open waters. Your safety at sea is of utmost importance, and our experienced skippers will teach you essential emergency procedures, proper use of safety equipment, and how to identify and mitigate potential hazards.

As part of the course, you will gain proficiency in VHF radio operation, mastering radio etiquette, distress call procedures, and effective communication with other vessels. Basic maintenance and repairs will also be covered, equipping you with the knowledge to perform engine checks, troubleshoot electrical systems, and address minor issues that may arise during your sailing adventures. At the end of the course, not only will you obtain the prestigious ISSA Inshore Skipper and VHF Short Range Certificates but you will also have developed a deep appreciation for the art of sailing.



FROM ZERO TO HERO

Course Details:

- Duration: 12 days liveaboard, embarking 10am and disembarking 4pm
- Location: Sea of Cortez, departing from and returning to La Paz, B.C.S.
- Certifications obtained: ISSA Inshore Skipper and VHF Short Range

What You'll Learn:

- Sail trimming and rigging
- Traditional and modern navigation techniques
- Boat handling and maneuvering
- Safety procedures and emergency protocols
- Weather and tide forecasting and interpretation
- Rules of the road and collision avoidance (IRPCS)
- Anchoring and mooring techniques
- Marine VHF Short Range Radio operation

Course Highlights:

- Liveaboard experience: Get a feel for the sailing lifestyle while living aboard a comfortable yacht and enjoying delicious fresh meals throughout the course.
- Sea of Cortez exploration: Discover the breathtaking beauty of the Sea of Cortez, known for its crystal-clear waters and abundant marine life.
- Practical hands-on training: Our courses are limited to four students, which guarantees you'll gain valuable experience through practical exercises.
- Expert instructors: This course is delivered by our head instructor, Roberto, who has sailed over 20,000nm and been teaching for nine years. In addition to being a certified ISSA instructor, he holds a Masters in Maritime Law and Law of the Sea from the United Nation's World Maritime University.

What to Bring:

- Sunscreen, hat, sunglasses, gloves and swimsuit
- Non-slip shoes with white or light-colored soles
- Personal toiletries and medications
- Soft-sided luggage or duffel bags (avoid rigid suitcases that are difficult to stow)



THE BAY OF LA PAZ

During this immersive sailing course, you will have the opportunity to explore some of the most captivating destinations in the Bay of La Paz, go ashore, do some hikes or swim and snorkel. Please note that this itinerary is tentative and may be adjusted based on weather conditions, wind patterns, and progress with the syllabus.



Balandra is a true natural gem known for its crystal-clear turquoise waters and iconic rock formations, including the famous mushroom-shaped rock. This stunning bay provides a serene setting where you can enjoy swimming in the calm waters or relax on the pristine sandy beaches. It does not always provide the most comfortable anchorage to spend the night and at sea, beauty does not come before safety.



Ensenada Grande is a popular anchorage surrounded by dramatic cliffs and breathtaking landscapes. The tranquil atmosphere and awe-inspiring views make it an ideal spot to unwind and appreciate the beauty of your surroundings. There may be opportunities to enjoy a hike here.

Nestled between two islands, **Caleta Partida** is a secluded bay that was once the crater of a volcano. The channel that separates the two islands is an ideal example of why a prudent sailor must always have the tide in mind, a topic we will spend quite a bit of time on.



El Candelero is a picturesque cove known for its dramatic rock in the middle of the bay, where the snorkeling tends to be quite a treat. Anchor here and take in the awe-inspiring surroundings. You can hike along the coastline, discovering breathtaking viewpoints, or simply relax on deck, enjoying the peaceful atmosphere and stunning vistas.

Los Islotes: Prepare for an incredible wildlife encounter at Los Islotes, a rocky outcrop inhabited by a playful colony of sea lions. It's a unique opportunity to connect with marine life in its natural habitat and create unforgettable memories.



Other notable locations in the Bay of La Paz include Caleta Lobos, Ensenada Ballena, and Ensenada Gallo. Caleta Lobos offers a peaceful anchorage with beautiful surroundings, while Ensenada Ballena is known for its stunning beaches and turquoise waters. Ensenada Gallo provides a picturesque setting where you can enjoy snorkeling and beachcombing.



If weather conditions permit, we will venture as far north as **San Francisquito** and **San Jose** Islands. San Francisquito Island is known for its perfect crescent-shaped bay, pristine beaches, and opportunities for water activities such as snorkeling and kayaking. San Jose Island offers several anchorages, including one with a deep mangrove and another with an abandoned salt flat. Their anchorages provide a unique and remote experience, allowing you to escape the bustling crowds and immerse yourself in solitude. Whether you're seeking tranquility or want to explore untouched natural wonders, San Francisquito and San Jose offer an unmatched opportunity to connect with nature.



THE SAILBOAT

Throughout the course, you will have the opportunity to sail on a high-performance yacht designed with excellence in mind. Our sailing vessel combines exceptional performance with technical qualities, ensuring an enriching learning environment for all participants. With its elegant lines and adaptable interior space, this yacht captivates from every angle, making it the perfect platform for your sailing education.

On the water, this yacht truly shines. Its innovative design and optimized hull deliver excellent performance for both coastal cruising and longer passages. You will experience firsthand how its efficient propulsion system and agile handling make sailing an exciting and pleasurable adventure. Whether you're navigating along stunning coastlines or embarking on an exhilarating journey across open waters, this yacht offers exceptional speed, stability, and responsiveness.

The spacious cockpit and deck create an exceptional sailing environment, prioritizing safety and comfort for all participants. The layout features comfortable seating, perfect for relaxing and enjoying the sea breeze after a day of learning. The ergonomically designed helm station allows for easy maneuvering and control, ensuring that you can practice your newly acquired skills with confidence.

Throughout the course, you'll find that comfort is a key focus, allowing you to fully immerse yourself in the learning experience. The thoughtful design of the yacht ensures that you can unwind and recharge, encouraging a love for sailing that may inspire you to pursue prolonged adventures on the open water. Embrace the joy of sailing, knowing that each moment spent aboard has the potential to spark your passion for future journeys at sea!



LIFE ON BOARD



Equipped with a well-appointed galley and a cozy salon, the yacht ensures convenience and comfort throughout your course. The galley includes all the necessary amenities for preparing delicious meals at sea, allowing you to enjoy culinary experiences while learning about life aboard. The salon serves as a bright and inviting space where you can gather with fellow participants to share stories or unwind after a day of sailing.

Accommodations include multiple comfortable cabins, each meticulously designed to provide privacy and relaxation. The onboard facilities are designed with your comfort in mind, ensuring that you have everything you need for an enjoyable stay while you focus on honing your sailing skills.

Whether you are seeking to master the basics of sailing or enhance your knowledge in a supportive environment, this yacht offers the perfect combination of elegance, comfort, and performance. Join us on this unique journey and set sail towards becoming a confident sailor in one of Mexico's most beautiful sailing destinations!

This version emphasizes the learning experience while highlighting the comfort and performance of the yacht used during the course.



GOURMET SAILING

During your sailing course, indulge in a unique culinary experience that showcases the vibrant flavors of Baja California Sur. Our onboard chef specializes in seafood and fish dishes, bringing you the freshest ingredients sourced from local markets and the pristine waters surrounding us.

Fresh and Flavorful Dishes

Start your day with a hearty and nourishing breakfast that sets the tone for your sailing adventures. Our morning meals feature an assortment of fresh fruits alongside yoghurt, granola, bread and spreads to satisfy every palate. Enjoy perfectly cooked eggs prepared to your liking and our traditional *Chilaquiles*, made with crispy tortilla chips smothered in a rich salsa, topped with cheese, avocado, and a dollop of sour cream. For lunch and dinner, enjoy a variety of dishes that celebrate the ocean's bounty and highlight the culinary tradition of the region, including fish tacos, *ceviches*, *aguachiles*, sashimi, sushi, and tuna, snapper, grouper or yellowtail filets, prawns and mollusks, all prepared in varied styles.

Local Ingredients

At Sail in Mexico, we prioritize using local and fresh ingredients to create



authentic Baja dishes. Expect to savor vibrant flavors that reflect the essence of coastal living.

Dietary Accommodations

We understand that dietary preferences and restrictions can vary. Please inform us in advance about any specific needs you may have, and our chef will gladly accommodate your requests to ensure everyone onboard has an enjoyable culinary experience.





DETAILS

PRICES

US\$6,500/PERSON IN DOUBLE CABIN

US\$11,000/TWO IN DOUBLE CABIN

US\$20,380.00 FOR UP TO FOUR STUDENTS (PRIVATE COURSE)

INCLUDES

Certified ISSA sailing instructor, ISSA Inshore Skipper and VHF Short Range Certificates, cook, meals, non-alcoholic drinks, fuel, national park passes, gratuities and VAT.

Not included: sailing gear, flights, land accomodation and transfers.

BOOKING TERMS

To confirm booking, a 50% deposit payable by bank transfer or credit card, in MXN, USD, CAD or EUR is required. Remaining 50% is payable at least thirty (30) days prior to date of embarkation. Payments made in MXN shall be made at the exchange rate published in the *Diario Oficial de la Federación* on the date the payment is made.

NATIONAL PARK

Leave only footprints, take only memories.

(No shell, rock or plant collecting)

Protect the wonders below, let starfish and coral glow.

(No touching the sealife)

Silence is the melody of the sea, let nature's symphony be.

(No loud music)



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